

We,

Doctors, dentists, physiotherapists, nurses, occupational therapists, psychologists, nurses' aides, psychomotor therapists, pharmacists, veterinarians, chiropractors,

are launching a third ALERT with the support of the non-profit POEM26.

To the conclusions of the SFST (French Society of Occupational Health) report, the Santé Sans Ondes Collective, founded in 2016, has a duty to respond by relaunching an alert, the third one, following those initiated in 2017 and in 2019.

For us electrosensitive members of the medical staff, this report is extremely shocking.

We all are certified health professionals and we too suffer from the invisible electromagnetic fog (electrosmog) generated by wireless technology equipment (microwave radiations) and electrical equipment (low-frequency radiations). In our homes, in our workplaces, in our hospitals or highly-equipped medical practices, we are overexposed to those radiations, making us unwilling victims.

Some of us have had to leave both their practices and homes after going through a period of medical wandering, to come upon a place where to live free of electromagnetic pollution. They have been facing the familial, financial, social and medical consequences of such a forced withdrawal.

Others have adjusted their working conditions by reducing their exposure to WI-FI, Bluetooth, telephony and low frequencies to a level that allows them to continue working.

However, many healthcare professionals—not to mention patients—are still unaware of the effects of radiation on the human body in general, and their own in particular. This lack of information prevents them from protecting themselves against these invisible aggressions.

The attached recent testimonials from EHS health professionals show that women are the most affected, as it is the case as well with fibromyalgia, MS, chronic fatigue and Lyme disease. This point is just one of the many aspects of the disease which require research.

Furthermore, there is an urgent need to address the electromagnetic environment of individuals with serious pathologies, including neurodegenerative diseases (such as Alzheimer's and Parkinson's) and cancer, as well as those with ADHD, autism, and other conditions.

It is also essential to ensure that both doctors and dentists are adequately trained to diagnose EHS and to increase awareness of the potential health risks associated with electromagnetic fields (EMFs) among both professionals and patients. We need to address the way EMFs affect us by taking some measures helpful to minimize these effects: connect the Internet box with Ethernet cables instead of Wi-Fi, turn off Wi-Fi and Bluetooth on computers and phones, turn off cell phones when traveling, check the grounding of houses - which is often not up to standard - and above all, sleep in a room that is electromagnetically safe.

<https://poem26.com/ressources/>

The nervous system is a complex network of interconnected neurons that functions through the exchange of electrical impulses. It is hyperstimulated by external electromagnetic messages that make no sense, resulting in a neurosensory hyperactivity. Depending on the sensitivity of the individual (and such parameters that could define an "EMF capital", by analogy with the "sun capital" in the context of UV exposure), and the density and duration of the irradiation, homeostasis can no longer be maintained. When this happens, a variety of symptoms appear: headaches, tinnitus, dizziness, high or low blood pressure, cardiac and hormonal problems, skin and musculoskeletal pain, cognitive problems, physiological depression, insomnia, chronic fatigue and exhaustion.

These symptoms initially disappear when the person moves to an unpolluted place, but quickly reappear when they return to their original environment.

We attest that man-made EMFs harm our physical and cognitive well-being. We experience it with every increase in electromagnetic pollution, with every new technology (4G, 5G, various Wi-Fi

systems). Over the last twenty years, electromagnetic radiations have increased exponentially. Our electromagnetic environment has therefore been profoundly altered without the medical community receiving any information on the potentially harmful effects of these emitting technologies.

Some of us have had the ANFR (National Frequency Agency) do an assessment of their workplaces. The readings are far too high for their bodies, yet they are still within official standards!

Only the Abbé Pierre Foundation seems to pay attention to this new invisible poverty, describing the precarious housing conditions in which some EHS people live in spite of themselves. Cell towers, cell phones and WI-FI have forced them to withdraw from society.

<https://www.fondation-abbe-pierre.fr/sites/default/files/2023-04/Habitat-Precaire-Aura-VDEF.pdf>

Suggesting turning to behavioral therapies to help reduce the anxiety of electrosensitive subjects, as the SFST does, will not help them if they continue to be exposed to this electromagnetic pollution. Depression and related psychological problems are secondary. They are most often the result of unheeded complaints, a lack of adequate and effective care, rejection by family, the medical system and society, and an imposed isolation.

To claim that electrosensitive people should be exposed to more and more EMFs is a serious and shocking position that reflects a total lack of understanding of EMF hypersensitivity. It is precisely because of prolonged exposure or a sudden rise in exposure levels that these people fell ill. Should a person with a severe allergy to cat hair be advised to keep their pet? Or should a person with melanoma be advised to voluntarily expose themselves to the sun?

It is difficult to comprehend the potential harm of these invisible yet measurable aggressive rays until one has experienced and felt them firsthand.

But we, EHS state certified graduates, can testify to the reality of what we experience in the presence of all these transmitters that have invaded our living spaces, forcing us to question our lives and our medical professions. Anyone can fall victim to electromagnetic waves, even caregivers! Our bodies are sensory and sensitive to their electromagnetic environment, whether natural or artificial.

We suggest EHS health professionals participate in the ongoing education of physicians and other certified paramedics, drawing on their own expertise.

In partnership with POEM26, we have posted a petition asking for healthy living spaces with a link to numerous testimonials from people who are calling for help: <https://poem26.com/>.

We represent them and we would like to make this call an audible one.

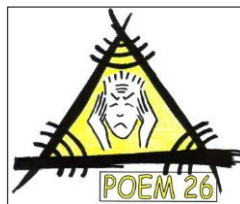
We would like to meet with you to discuss this matter further. It is in everyone's best interest, particularly the younger generation, who may reach saturation point more quickly due to the early exposure to radiation. Unfortunately, there is no such thing as habituation to electromagnetic waves that could be expected from early exposure.

Santé Sans Onde



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POEM26



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Attachments: New testimonials from EHS certified health professionals.
Please contact SSO or POEM26 for the two previous alerts.